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footforward

Innovative Training for the Diabetic Foot Treatment
in Vulnerable Communities in Colombia and Peru



WHY FootForward?

Diabetes is a chronic disease with a high prevalence in Latin America, and diabetic foot is one of its most serious complications, with a risk of infections, amputations and loss of quality of life, particularly in vulnerable communities with limited access to specialised healthcare. FootForward addresses this challenge through an integrated strategy based on training, knowledge transfer and awareness-raising, targeting universities, healthcare professionals, technology developers and patients.

OBJECTIVES

- To strengthen academic and healthcare training in diabetic foot care
- To improve care for patients with at-risk feet, and promote prevention and self-care
- To support vulnerable communities
- To foster cooperation between universities, healthcare services and industry

RESULTS

- Capacity building programme for universities in Colombia and Peru
- Short digital courses for healthcare and technology professionals
- Downloadable training materials adapted to local contexts
- Supervised practical activities in hospitals and healthcare centres
- Workshops and webinars on prevention, self-care, technology and appropriate footwear
- Creation of long-term cooperation networks

CONSORTIUM

- Coordinator: University of West Attica – Greece
- Pontificia Universidad Javeriana (Colombia)
- Universidad de la Costa (Colombia)
- Pontificia Universidad Católica del Perú (Peru)
- Universidad Peruana Cayetano Heredia (Peru)
- Inescop (Spain)
- Universidad Miguel Hernández de Elche (Spain)
- Creative Thinking Development (Greece)

KEY DETAILS

**PROGRAMME: Capacity Building
in Higher Education (Strand 1)**

PROJECT No: 101236635

TOTAL BUDGET: 424.879,99 €

EU FUNDING: 382.392,00 €

FUNDING RATE: 90%

START DATE: 1 November 2025

END DATE: 31 October 2028

DURATION: 36 months